

OLMC CHRONICLE



STUDENTS TAKE A TRIP TO SILVER CREEK OUTDOOR EDUCATION

On May 2nd, the Alternative Education and Credit Recovery classes travelled to Silver Creek Outdoor Education Centre. As always, our fearless leader, Mr. Resendes led the students through various low ropes activities, which pushed the students' team building skills to the limit. The afternoon included a long hike in the woods, as signs of spring greeted the students. It was a wonderful day to spend time together as classmates and to disconnect from their phones. Thank you to the students, and their invited friends, who took part in immersing themselves in the experience. We look forward to continuing our tradition of giving our students the opportunity to disconnect so that they can learn about themselves, each other and the natural environment. See you next year!



STUDENTS THRIVE AT CAMP ENTERPRISE BUSINESS WORKSHOP

Six senior students from Our Lady of Mount Carmel had the exciting opportunity to attend Camp Enterprise, a dynamic business-focused workshop held at the University of Toronto’s Mississauga campus from Wednesday, May 14 to Saturday, May 17. This incredible experience was made possible thanks to the generous sponsorship of the Rotary Club of Mississauga Meadowvale.

Camp Enterprise, which first began with the Rotary Club of Columbus, Ohio, and was introduced to Canada in 1976 by the Rotary Club of Toronto, is a three-day program designed to give high school seniors hands-on exposure to leadership, entrepreneurship, and teamwork. The camp features expert-led discussions, interactive workshops, and business simulations—all aimed at helping students deepen their understanding of the business world.

During the camp, students got a taste of university life by staying in dorms and exploring the UTM campus. They also connected with peers from other Mississauga high schools, forging friendships and professional connections with students who share a passion for business and innovation. One of the highlights included a fast-paced business challenge, where students collaborated in teams to build and present a business model—all within just five hours.

“I made connections that will carry on into the future,” said Nia Pascual, one of Mount Carmel’s student attendees. “The Rotary Club members and guest presenters ensured that we were all understanding each new concept and effectively captivated each of us throughout their presentations.”

Throughout the experience, students discovered their strengths and learned to take on roles that suited their unique skills. Whether leading a team, presenting a pitch, or collaborating behind the scenes, each student found a place to shine. The camp emphasized the value of networking, communication, and resilience—skills essential to any future business leader.

Camp Enterprise proved to be more than just a workshop. It was a transformative experience where our Mount Carmel students gained confidence, knowledge, and a clearer vision for their future paths in business and leadership.



MRS. RAMNARAIN’S YEAR IN REVIEW

Healthcare/Eco School 2024/2025

Congrats to the Grade 12 Healthcare Students in putting in pollinator plants both semesters as part of our Indigenous Medicinal Plants Lesson. According to Mrs Sgambellone, this was the feather in the hat that snagged us enough points and pushed us to Platinum Status for Eco Schools after 11 years!

In addition to the Healthcare Students contributing to a huge win in Eco Schools, Grade 9’s completed their CPT using Starbucks venti cups as mini greenhouses supporting the 3 Rs and this also netted us solid points with the other amazing initiatives across other subject areas Mrs Sgambellone mentioned, including the Endangered Species Club by Mrs Lyons.



Healthcare/Community Collab 2025

We were fortunate to have a Paramedic from the Halton Region reach out to share his knowledge and experience with Grades 9 – 12 and walk them through simulations. Even luckier is that he is a past student within our board and a current healthcare teacher, so the opportunity exists for future collabs which enrich the learning of our students.



HOSA 2025

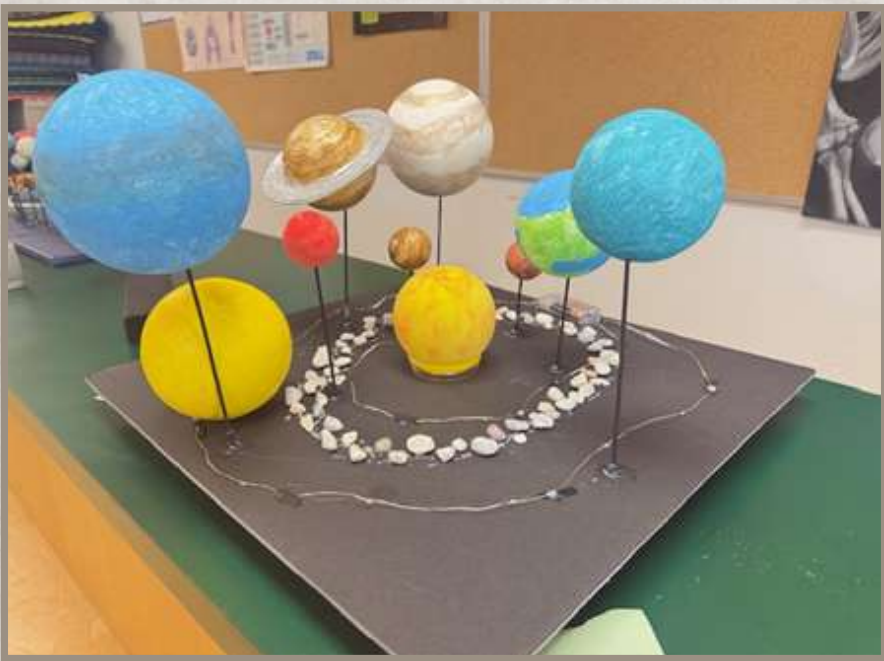
Grades 9 through 12 attended one of the largest gatherings of future healthcare professionals in Toronto, to compete, network and learn new healthcare skills. Not only did the students have an amazing time learning and connecting with other like-minded students but the teachers also ran into old friends / teachers. Here’s to an even bigger group next year!



MRS. RAMNARAIN'S YEAR IN REVIEW

Grade 9 Science

We have had such a wonderful group of Grade 9s and they have worked hard in science, trying to learn new concepts, making new friends and overall adapting to life in high school. My class ended our final unit with amazing artifacts showcasing their creative skills. I am going to truly miss teaching Grade 9 Science next year, but I am excited for our new Grade 10 Healthcare.



Grade 11/12 Healthcare 2024/2025

This school year, the Grade 11s and 12s engaged in many fun learning activities, some of which are highlighted below, in learning various skills such as patient transfers, casting, blood draw and IVs, suturing and learning all about the layers of the skin by applying it to edible layered desserts. Grade 11s also taught CPR to Grade 9s as a part of their CPT.



COOPERATIVE EDUCATION

The Coop Department has been bustling this year with almost 70 students participating in both semesters. These students have been given the opportunity for experiential learning in their fields of interest. As 2nd semester wraps up, we look at some of the positive experiences that our students explored. There were over 40 different employers providing opportunities from disciplines such as the Armed Forces, Healthcare, Pharmaceutical, Animal Care, Social Media Marketing, Video Production, Graphic Design, Business Administration, Hospitality, Education and the Skilled Trades. We hope to continue this growing trend as students recognize the value of experiential learning. If any parents know of employers that are interested in hosting grade 11 or 12 coop students in the upcoming school year, please contact the Coop Department.



LIBRARY NEWS

Forest of Reading Celebration

The library celebrated this year’s White Pine nominees on May 14, 2025. During the lunches, students were invited to participate in activities related to each book, watch live streams of author interviews and enter to win our raffle prizes. Students were also invited to vote for which book they thought would win this year’s White Pine award. Our vote agreed with students across Canada – this year’s winner is *The Space Between Here and Now* by: Sarah Suk.



Accelerated Reader

The library staff would like to congratulate our Grade 9 and 10 English students, along with our Spanish students for exceeding their reading goals for the school year. Students read a wide variety of books for our Accelerated Reader program which provides students with 15 – 20 minutes of independent reading time in class. We would especially like to give shout outs to our top readers in each grade / category.

Our Lady of Mt Carmel Sec School Reads!

In this school year, students have read...
1,497 Books
72,099,366 Words
for **5 minutes/day!**
(individual student average)

RENAISSANCE Accelerated Reader®

Top AR Readers 2024/2025 Congratulations to this year's top AR Readers!		
	Semester 1	Semester 2
Grade 9 Most AR Points	Mark T.	Jaeramae T.
Grade 9 Most Books Read	Rylan M.	Sandra K.
Grade 10 Most AR Points	Alvin L.	Ashley K.
Grade 10 Most Books Read	Sydney S.	Jaeram T.
ESL Most AR Points	Andrea R.	
ESL Most Books Read	Shaghaf H.	Daniel R.

End of Year Celebration

On June 4, 2025 the library held an end of year celebration for our Tabletop Club, library volunteers and top Accelerated Readers in each grade! Students had pizza and played games. We would like to thank all of our volunteers for their work in the library and wish everyone a wonderful summer!



OLMC IS AWARDED PLATINUM CERTIFICATION BY ECOSCHOOLS CANADA



A heartfelt thank you to all students, staff and parents for your enthusiastic participation in this year's EcoSchool initiatives, including The Great Gulp, World Water Day, Hoodies for the Homeless, collecting clothing for Dr. Simone's warehouse, February Walk to School Month, planting a pollinator garden and many more.

Your commitment to making simple, sustainable changes in your daily lives has helped our school become more environmentally friendly and responsible.

Well done, OLMC!





Endangered Species Club BAKE SALE

MONDAY, DECEMBER 16

- All proceeds go to World Wildlife Fund
- Free raffle tickets with every purchase
- Cookies, hot chocolate, candy canes
- Three raffle prizes available
- Additional raffle tickets may be purchased



\$2.00 with marshmallows
\$1.50 without



\$1.00 for a bag of six



\$2.00



The World Wildlife Fund Presents

EARTH HOUR

SATURDAY, MARCH 22ND
AT 8:30-9:30 PM



This annual movement encourages you to give an hour for Earth by switching off non-essential electric lights!



Encouraging green initiatives

Reduce, Reuse, Recycle

April 21st to 25th is

Earth Week

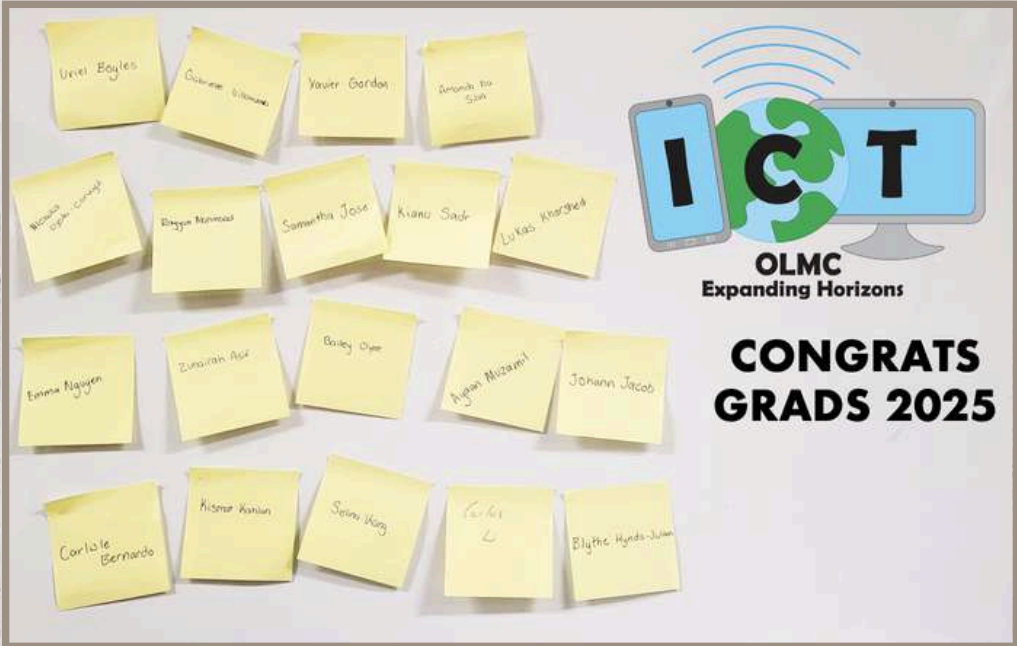
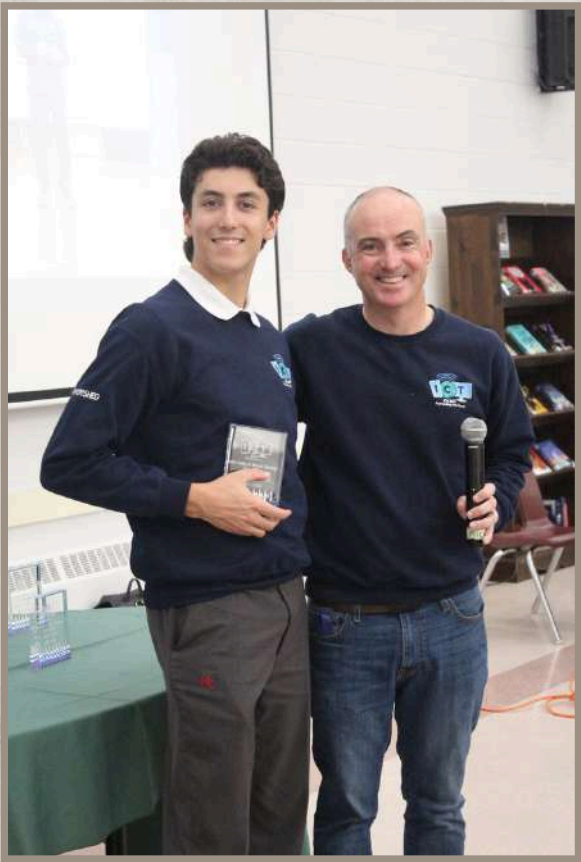
A Global Movement for a Sustainable Future

Inspires action for a healthier planet



CONGRATULATIONS TO OUR ICT SHSM GRADUATES

On June 6th the ICT SHSM program had its final event of the year recognizing the 19 graduates from this year's program. The morning began with games and activities, led by my Chaplain Mc Levey prompting students to reflect on their experience of the last year as well as their growth within the SHSM program. Students spoke of the importance of their workshops, trip, certifications and COOP experience in helping them discover themselves as individuals as well as being part of a group. After the reflection portion of the morning the group was joined by new Grade 10 students who will be starting SHSM for the 2025 / 2026 school year. Each Grade 12 student was recognized individually with each student receiving a glass plaque recognizing their achievements and accomplishments over the years. Mr. Quinn and the rest of the SHSM leadership team want to congratulate the graduates for an exemplary 2 years and wish them the best of luck in their post-secondary journeys.



INDIGENOUS PEOPLES MONTH

Indigenous Peoples Month was celebrated this month. It is a time to honor the rich cultures, histories, and contributions of First Nations, Inuit, and Metis peoples. It serves as both a celebration and a call to action, encouraging us to learn about the diverse Indigenous communities across the country, acknowledge the lasting impacts of colonization and residential schools, and support the ongoing journey toward truth and reconciliation. It is also an opportunity to celebrate the resilience and strength of Indigenous peoples through cultural events, storytelling, art, and community gatherings. Students learned about and actively engaged in a variety of activities, supported Indigenous creators, and deepened their understanding of the land on which we live. These meaningful experiences help foster a more inclusive and respectful future for all.



OFSAA TENNIS 2025

Daniel Cordoba, Dominik Glen, Sara Sutanty and Leandro Duric represented OLMC with their usual class and style at this year's OFSAA Tennis Championship. They worked hard and showed great sportsmanship both on and off the court. Mrs. Do Rego and Mrs. Antony are so proud of your achievements and want you to know how wonderful you all are. Congratulations OLMC OFSAA Tennis Players!



Leandro Duric



Sara Sutanty



Dominik Glen



Daniela Cordoba

RAISE STUDENT ATHLETES WON GOLD AT ONTARIO SPECIAL OLYMPICS SCHOOLCHAMPS

From June 2-4, our incredible RAISE student athletes had the exciting opportunity to travel to Ottawa to Compete in the Ontario Special Olympics school championships. Representing Our Lady of Mount Carmel with Courage, determination, and teamwork, they participated in the basketball tournament, with outstanding effort, skill and sportsmanship, our team played their hearts out and brought home the GOLD MEDAL!

Thank you to their Coaches Mr Medieros and Ms Da Silva for their encouragement and support both on and off the court!!

We are so proud of our athletes, Tymani, Adrian, Caitlyn, Tyra-lee, Nevin and Eddy, Congratulations on this amazing achievement!

GO COURAGE!



CONGRATULATIONS TO THE MOUNT CARMEL TRACK & FIELD TEAM ON A SUCCESSFUL SEASON

What a season! Despite the cold, rainy weather at this year’s ROPSSAA Championships, our Mount Carmel athletes showed resilience, grit, and heart. They refused to let the tough conditions dampen their spirits, competing with full effort and determination – leading to many school records being broken. As coaches, we couldn’t be prouder of how you all represented our school—on and off the track.

ROPSSAA Champions

A huge shoutout to our ROPSSAA Champions who came out on top and showed what it means to be a true competitor:

- Madeline Murchland – Junior Girls 800m & 1500m Champion
- Matilde Ojeda-Carvajal – Junior Girls Discus Champion
- Dorian Burgess – Senior Girls Long Jump Champion
- Reese Reid – Senior Girls Discus Champion

ROPSSAA Medalists

We also want to celebrate our amazing athletes who earned medals in their events. You pushed through every challenge and made us proud:



SILVER MEDALISTS	BRONZE MEDALISTS
Olivia Williams 1500m, Novice Girls	Matilde Ojeda-Carvajal Intermediate Hurdles and Shot Put
Gad Kabba Shot Put	Ava Pereira Discus
Hayden Stewart Javelin	Mega Oma Djebah, Sierra Palmer, Julia Gebka, and Neveh Fleming-Thompson Novice Girls Relay
Dorian Burgess, Joanna Wrona, Olivia Williams, and Madeline Murchland Girls 4x400m Relay	Jerome Godoy, Adina Marinneseu, Rebecca duQuesnay, Nadan Bakalar Mixed Relay



CONGRATULATIONS TO THE MOUNT CARMEL TRACK & FIELD TEAM ON A SUCCESSFUL SEASON

OFSAA Results

This season’s dedication and perseverance paid off at the Ontario Championships, where several of our athletes achieved top ten finishes across a range of events.

- Ava Pereira placed 9th in Novice Girls Discus
- Matilde Ojeda-Carvajal placed 4th in Junior Girls Discus
- Reese Reid placed 10th in Senior Girls Discus
- Sierra Palmer placed 8th in Novice Girls Discus
- Madeline Murchland placed 9th in Junior Girls 800m
- Hayden Stewart placed 10th in Junior Boys Javelin

We’re incredibly proud of how you represented Mount Carmel at OFSAA—your hard work and determination truly stood out on the provincial stage.

And in a fun highlight this year, Canadian Olympian Andre DeGrasse had a memorable moment of his own – meeting our very own Coach Resko!

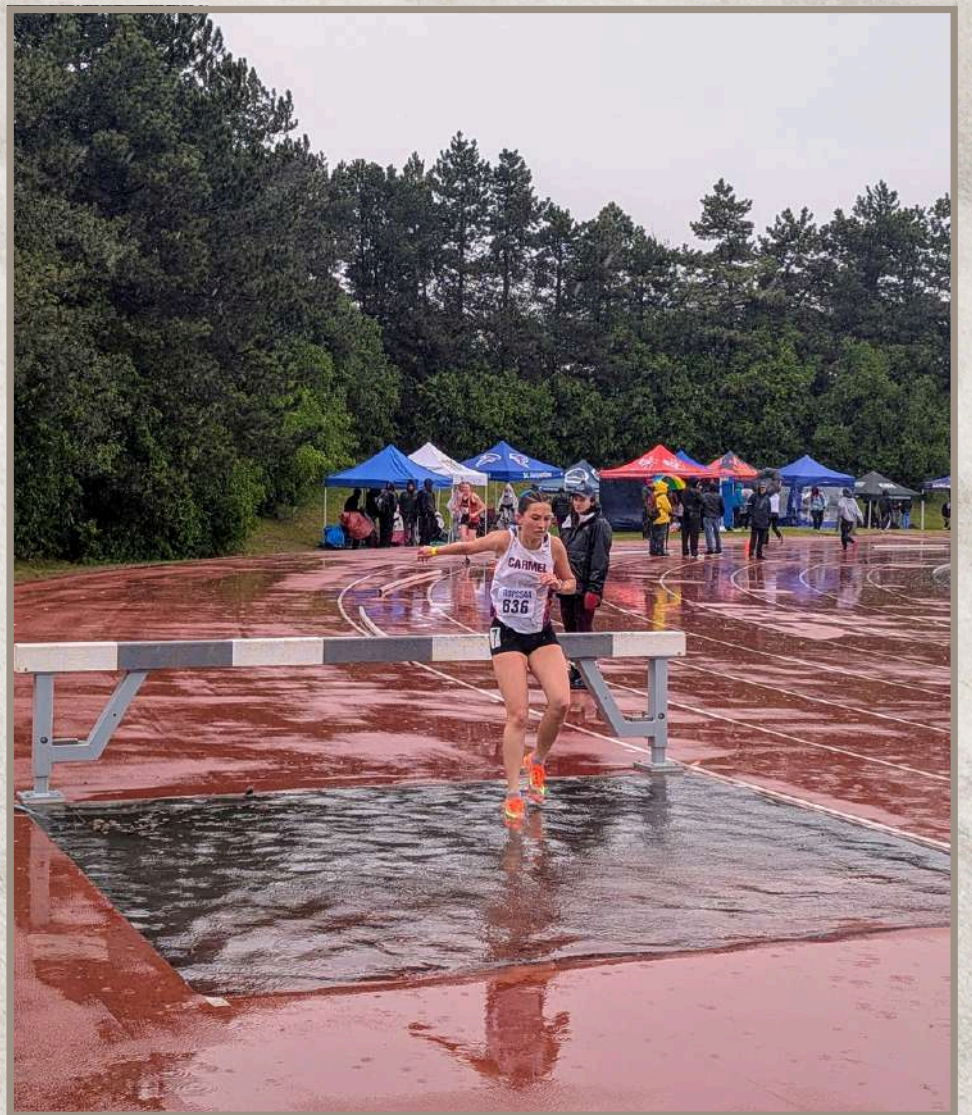
Click the following links to view Track and Field school records: [Field Events](#) | [Track Events](#)



MOUNT CARMEL DIVING TEAM MAKES A SPLASH – FEET FIRST

This year's ROPSSAA Championships were packed with flips, twists, and one unforgettable moment from Mount Carmel's very own diving dynamo, Miya Matthews. Competing with fierce determination, Miya soared through the air and landed an epic dive – feet first – into the water jump. While not exactly textbook form, it was definitely a 10 / 10 for style.

Despite the big splash here, Miya dove her way to an impressive 5th place finish, proving that unconventional methods can still yield spectacular results. But the real highlight? Miya silencing the ever-skeptical Coach Costa by qualifying for OFSAA South Regionals. With her confidence soaring, Miya now sets her sights on the next chapter. We wish her all the best in her post-secondary journey and hope she keeps making waves in the steeplechase – and in life.



Farewell and Thank You to Our Graduating Seniors

To our graduating seniors: thank you for being the heart and soul of this team over the past four years. You've not only grown into phenomenal athletes but into kind, mature, and supportive leaders. It's been our honor to watch you grow, compete, and lead by example.

A special thank you and best wishes to: Nadan Bakalar, Dorian Burgess, Adina Marinnescu, Miya Matthews, Andrew Panza, Nia Pascual, Reese Reid, Niamh Tennyson Sharpe, and Joanna Wrona. You'll be missed more than you know, and we can't wait to see what your futures hold.

A Special Thanks to Our Coaches

To our incredible community coaches, Richard Ewen and Chris Switalski—thank you for everything. Your passion, dedication, and expertise were instrumental in making this season a success. We truly appreciate the time and heart you put into supporting our athletes.

To all our athletes, thank you for making this season unforgettable. We're already looking forward to another amazing year in 2026!

With pride and gratitude,

Your Mount Carmel Track & Field Coaches

2025 ROPSSAA BASEBALL CHAMPIONS – GOLD

The Boys Varsity Baseball team concluded the 2025 season by winning the ROPSSAA Championship in a dramatic, extra-inning battle against St. Martin, where the lead changed hands several times.

The season started in rough fashion with a lopsided loss to St. Martin in the season-opening game, 11-1. Although the team was young—having graduated a large number of players the previous season—the boys did not let this deter them and never lost hope in themselves or each other.

Their next meeting showcased a different team and a different outcome. Led by stellar pitching from Grade 10 student Jashan Sethi, who pitched a complete game, Mount Carmel emerged with a 9-3 win over the same St. Martin team. This dominating victory invigorated the team and fostered a new level of confidence.

The regular season ended on a high note with a three-game winning streak, a second-place overall finish, and a berth in the ROPSSAA Championship final against the top-ranked St. Martin team.

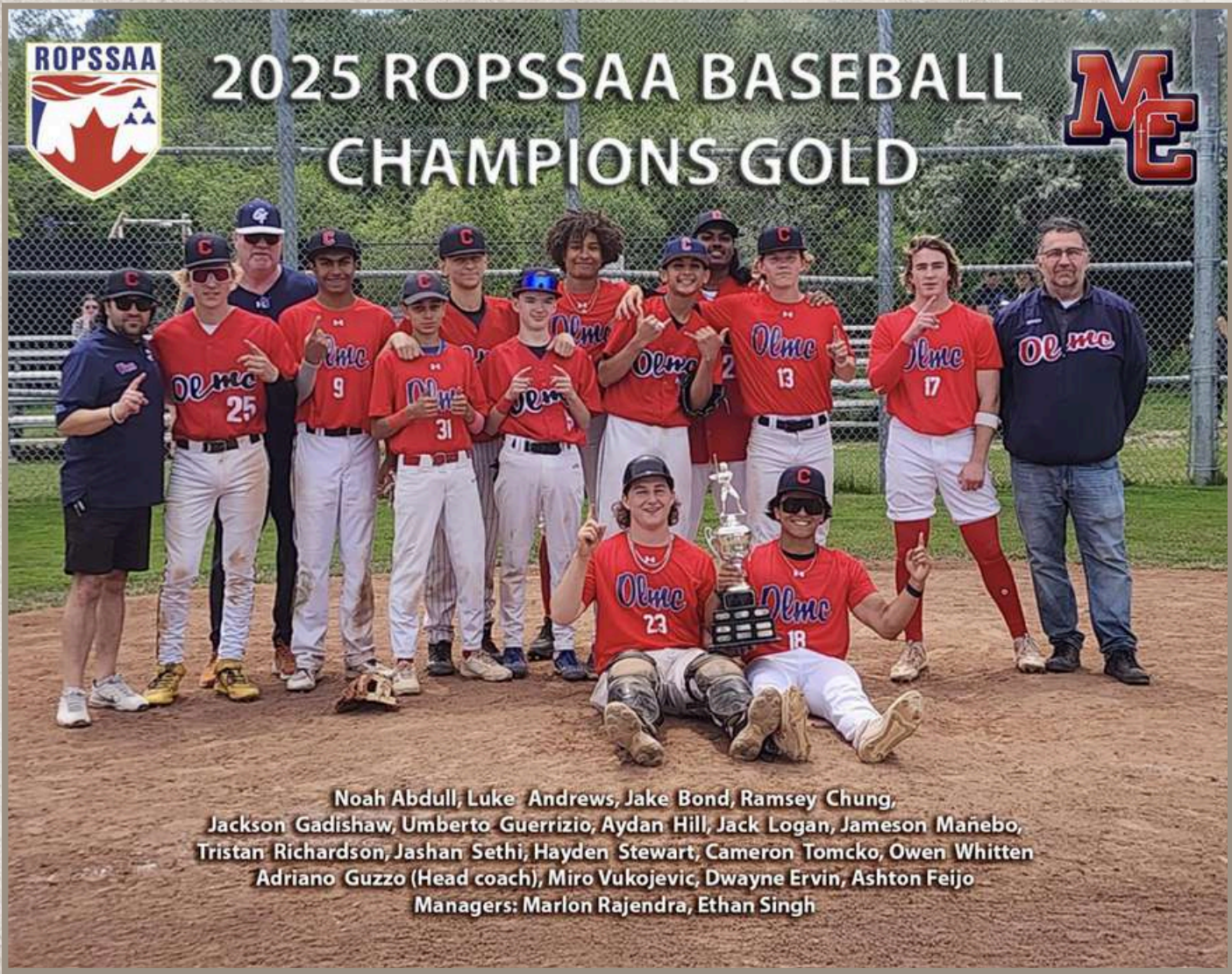
Led by team captain, Grade 11 student Ramsey Chung, on the mound, Mount Carmel set its sights on winning its fourth ROPSSAA title and securing another entrance into the OFSAA Finals the following week. The game started with St. Martin taking an early 1-0 lead, but Carmel quickly responded with its own run to tie the game.

The middle innings saw St. Martin take the lead with a home run by one of their many talented players. Carmel quickly countered with a home run of its own by Grade 12 student Cameron Tomcko to even it back up again. In the same inning, Carmel scored another run to take the lead. The seventh and final inning featured controversy when an overturned call—which should have ended the game—allowed St. Martin to tie the score. Ramsey finished the inning with his 13th strikeout of the game, leaving their player, and the winning run, stranded at third.

In what can be described as one of the most exciting high school games many have witnessed, Grade 10 student Hayden Stewart launched a three-run home run in extra innings to take the lead. Jameson Mañebo, a new Grade 9 player, came into the game in relief of Ramsey to try to secure the win. Jameson kept his composure and proceeded to retire the side in the bottom of the 8th inning to seal the victory, Carmel's fourth title, and ticket to OFSAA Championship.

Although another OFSAA Gold medal was not their destiny this year, Carmel competed well in the Regionals and lost to the eventual Gold Medal team St. Peter's C.S.S.

Congratulations are still in order to all the players and coaches on a successful and enjoyable 2025 season! To Graduating players - Onward and upward.



A FOND FAREWELL TO MR. MCLEVEY

Since arriving at Our Lady of Mount Carmel in 2021, Mr. McLevey has left a lasting impact on our school community. His presence was felt from the very beginning – through his warmth, his deep sense of faith, and his ability to bring people together.

One of Mr. McLevey’s most visible and impactful contributions has been the beautiful school masses he organized. With care and attention, he created inclusive and prayerful liturgies that allowed students to fully participate – whether through music, scripture readings, or prayer. These mass celebrations were more than just a school event – they became moments of unity, reflection, and deep spiritual connection for our community. Behind the scenes, these masses required preparation, and Mr. McLevey carried this out with dedication and grace.



Mr. McLevey led powerful school-wide initiatives that reflected his commitment to service and social justice. The Day of Hope saw 130 students serve at 13 community organizations across the GTA, offering hands-on help and spreading hope through small, meaningful acts. During Holy Week, the Who’s Hungry event brought 60 students together to experience and reflect on hunger, fostering empathy and community. These initiatives are examples of Mr. McLevey’s gift for turning faith and justice into lived experiences.



Mr. McLevey organized two student service trips to the Yukon in 2023 and 2025. These experiences combined service, faith, and adventure in a way students will never forget. While there, students helped renovate Camp Braeburn, a children’s summer camp, and took part in nightly spiritual reflections around the campfire. The journey also included visits to Destruction Bay, the Arctic Research Centre, and Haines Junction; a hike through the breathtaking Kluane National Park, and time spent exploring Silver City, a historic Yukon Gold Rush town. These trips offered students the chance to serve, reflect, and connect with one another and with the land in deeply meaningful ways – all made possible through Mr. McLevey’s vision and leadership.



A FOND FAREWELL TO MR. MCLEVEY

Beyond events and liturgies, what many students will remember most is how Mr. McLevey made them feel. His office door was always open – a place of comfort, conversation, and grounding. Students would make appointments to talk, to seek advice, or simply to be heard. His presence was a steady and compassionate one, always reminding students they were never alone. Students involved in Chaplaincy and Serve worked closely with Mr. McLevey and flourished under his guidance.

Sophia Glasgow, a member of Chaplaincy:

"As a member of Chaplaincy, I have had the opportunity to get to know Mr. McLevey throughout my years at Mount Carmel. I have never met anyone so selfless, honourable, and compassionate. Mr. McLevey is a walking representation of what it means to walk in Jesus's footsteps. I am forever thankful for everything he has taught me, and I am truly going to miss him."

Nadan Bakalar, a participant in the Yukon Service Trip:

"I'm so grateful to Mr. McLevey for organizing the Yukon Trip. He has an amazing ability to get people to open up. The night campfires were my favourite. He is a very cool guy."

Ayden Kanthasamy, a participant in the Yukon Service Trip:

"Mr. McLevey was more than a chaplain, he was a mentor, a listener, and a welcoming presence for students. Yukon transformed me.. the funny campfire songs, mass in the rain, making jokes about Mr. Diamond... Mr. McLevey brought a variety of people together and everyone connected so well. He made faith feel real and had us reflecting on the day at the right time. Thank you so much Mr. McLevey, you taught me so much about faith and what it means to live in God's image. Wishing you a joyful retirement."



We will truly miss Mr. McLevey as our school chaplain, but the impact he's had on Mount Carmel is lasting. We hope the sense of purpose and faith he brought to our community continues to live on in the years ahead.

Mr. McLevey, thank you for the faith you shared, the community you built, the students you inspired, and the love you poured into every moment. You have helped shape Our Lady of Mount Carmel into a more compassionate, grounded, and faith-filled place.

As you embark on your next journey, know that you leave behind a legacy of hope, kindness, and grace. You will always have a home in our hearts.

With gratitude and best wishes,

The Students and Staff of Our Lady of Mount Carmel